



Follow the trail to Everest's most amazing lakes The Gokyo Lakes

Join us on a seven day trek to the iconic **Gokyo Lakes**.

Located at the mountain range of the greatest mountain on earth, The Everest. We will be walking through Sherpa country past cultivated fields and small picturesque villages, with views of the mighty Himalayan peaks.

- Visit Everest base camp via short Heli ride from Gokyo
- Trekking through two valleys, Khumbu and Gokyo - Characterised by its magnificent deep turquoise lakes and remote villages
- Enjoy the most amazing, scenic and varied views of the Himalaya including glacial lakes and untouched remote locations.
- Experience the views of Mt Everest and face an exciting challenge.
- Daily Minyan
- Glatt Kosher meals including on Shabbat
- Meditation classes with scholar in residence Rabbi Dovid Katz
- Option to continue to Everest Base camp by trekking a further 2 days

PLUS:

AN OPPORTUNITY TO
SPONSOR RECOVERING IDF SOLDIERS
THAT WERE WOUNDED IN GAZA
& WILL BE JOINING OUR TREK!



**7-13
NOV**